

## Wellbeing Coaching Disclaimer

Wellbeing coaching does not diagnose, prescribe, treat or cure any disease or condition either physical or mental. Wellbeing coaching should not be construed as a prescription, a promise of benefits, claims of cures or a guarantee of results to be achieved. My wellbeing sessions & programmes are provided for informational, educational and self-empowerment purposes.

Any information, instruction or advice given is not intended to be a substitute for professional medical or psychological diagnosis and care. You should not discontinue or modify any medication and/or treatment presently being taken pursuant to medical advice without obtaining approval from your healthcare professional.

I, Vicky Rainbow do not accept any liability for participants' medical or psychiatric conditions which may exist or which may arise during or subsequent to participation any one of my sessions/programmes

Always consult your healthcare professional before making any changes to your diet, lifestyle or prescription drugs.

**Vicky**   
**Rainbow**  
WELLBEING COACHING